

EMERGENCY FOOD PARCELS

ITEM	No. PER FOOD PACK
TEA	1 box (80's)
COFFEE	1 jar
UHT MILK	2 cartons
SUGAR	1 bag
SQUASH/JUICE	1 bottle
BAKED BEANS/ SPAGHETTI	6 tins
TINNED MEALS (Curry/Chilli)	3 tins
SOUP	4 tins and 1 box
PASTA	2 bags
PASTA SAUCE	2 jars
RICE (ideally boil-in-the-bag)	1 box
TIN OF MEAT (Corned Beef / Hot dogs)	1 tin
FISH	2 tins tuna and 1 tin sardines
FRUIT	2 tins
TOMATOES	2 tins
SWEETCORN	1 tin
CARROTS/PEAS	1 tin
TIN VEG	1 tin
POTATOES/SMASH	2 tins/packets
CEREAL	1 box
JAM/HONEY/PEANUT BUTTER	1 jar
PUDDING + CUSTARD	1 tin and 1 packet
TREAT (e.g.biscuits or chocolate)	2 packets